

End Well 2025

November 20, 2025

Intended Audience

This activity was developed for physicians, nurse practitioners, nurses, social workers, and other healthcare professionals specializing in palliative care, geriatrics, neurology, pediatrics, oncology, and chronic illness management.

Learning Objectives

At the conclusion of this learning activity, participants will do the following:

- Describe approaches for empathic, patient- and family-centered communication that facilitate shared decision-making and honor individual values throughout serious illness and end-of-life care.
- Explain evidence-based and culturally inclusive care strategies that promote comfort, dignity, and equitable support for diverse patients and families facing dying and grief.
- Identify key physiological and psychosocial changes associated with the natural dying process to inform symptom management and guide family education.
- Discuss reflective and team-based strategies that enhance moral resilience, interprofessional collaboration, and professional wellbeing when caring for dying patients.

This educational activity is designed for interdisciplinary healthcare and social service professionals providing or influencing care for patients with serious illness, those approaching the end of life, or individuals experiencing grief.

Participants may include physicians, physician assistants, nurse practitioners, nurses, social workers, counselors, chaplains, educators, administrators, and advocates in primary care, palliative care, oncology, geriatrics, hospital, hospice, and community health settings.

AGENDA

9:00 – 9:10 AM | Welcome and Framework for the Day

Presenters: J.J. Duncan; Tembi Locke; Shoshana Ungerleider, MD

9:10 – 9:25 AM | Courageous Compassion: Lessons from Pediatric Palliative Care

Presenter: Justin Nathaniel Baker, MD

9:25 – 9:40 AM | Living the Contradiction of Metastatic Breast Cancer

Presenter: Tamatha Thomas-Haase, MPA

9:40 – 9:55 AM | All Aboard the Impossible: Guiding Young People Through Serious Illness

Presenter: Anao Zhang, PhD, MSW

9:55 – 10:10 AM | Culture and Grief: How Tradition Heals

Presenter: Joél Simone

10:30 – 10:45 AM | When Grief Hijacks Your Brain: A Neurodivergent Perspective

Presenter: Sasha Hamdani, MD

10:45 – 11:00 AM | Balancing Risk and Dignity in Dementia Care

Presenter: Teun Toebes

11:00 – 11:30 AM | The Unfiltered Truth: Living and Loving Through Dementia

Presenters: Emma Heming Willis; Yvette Nicole Brown

11:45 AM – 1:00 PM | Workshops

Program: Getting Past Labels to Care for the Whole Patient

Presenters: Betty Clark, MDiv; Jessica Zitter, MD, MPH

Program: The Past, Present & Future of End-of-Life Care — Conversation with Barbara Karnes, RN & Alua Arthur

Presenters: Barbara Karnes, RN; Alua Arthur

Program: The Other Side — Film Screening & Medical Aid in Dying (MAiD) Panel

Panelists: Anita Hannig, PhD, Heather Hogan, Carter Oakley, Bob Uslander, MD

Program: End Well, Live Better

Presenter: Ira Bedzow, PhD

From Loss to Legacy: The Power of Organ Donation

Presenter: Silvia Perez-Protto, MD, MS

2:10 – 2:25 PM | First and Last Words: How Language Shapes Connection

Presenter: Michael Erard, PhD

2:25 – 2:40 PM | Breaking Down the Walls: Acknowledging Grief in the Workplace

Presenter: Rebecca Feinglos, MPP

2:40 – 2:55 PM | Where Medicine Meets Mystery: Faith in the ICU

Presenter: Adjoa Boateng Evans, MD

2:55 – 3:10 PM | Practicing Freedom: Lessons from Prison Hospice

Presenter: Fernando Murillo

3:30 – 3:50 PM | Sound as Sanctuary: Music and the Neuroscience of Calm

Presenter: Murray Hidary

3:50 – 4:05 PM | The Geography of Pain: Global Inequities in Palliative Care Access

Presenter: Felicia Marie Knaul, PhD

4:05 – 4:30 PM | Death Goes Prime Time: Media and Public Health Communication

Presenters: Shoshana Ungerleider, MD; Nikki Boyer

4:30 – 4:45 PM | Teaching Machines to Care: AI and Empathy in Healthcare

Presenter: Melissa Reader

4:45 – 5:00 PM | Becoming Fluent in Loss: Understanding Grief Across Cultures

Presenter: John Onwuchekwa, D.Min.

5:00 – 5:15 PM | The Ordinary Is Extraordinary: Why Stories of Dying Matter

Presenter: Kathryn Mannix, MD

5:15 – 5:30 PM | Closing Thoughts

Presenter: Shoshana Ungerleider, MD

Accreditation and Disclosure Information



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by the Annenberg Center for Health Sciences at Eisenhower (Annenberg Center) and the End Well Foundation. The Annenberg Center for Health Sciences at Eisenhower is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

The Annenberg Center designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Workers



As a Jointly Accredited Organization, the Annenberg Center for Health Sciences at Eisenhower is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 6.5 general continuing education credits.

Nurses

The Annenberg Center designates this live activity for a maximum of 6.5 American Nurses Credentialing Center (ANCC) contact hours.

Disclosure Statement

All individuals in control of the content of continuing education activities provided by the Annenberg Center are required to disclose to the audience all relevant financial relationships related to the content of the activity. All staff at the Annenberg Center for Health Sciences at Eisenhower and End Well Foundation, who impacted the content of this activity, have no relevant financial relationships to disclose.

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Presenters

- Justin Nathaniel Baker, MD: Advisory Board: US Pain
- Rebecca Feinglos, MPP: Stock: Adyn
- Sasha Hamdani, MD: Speakers Bureau: Johnson & Johnson, Supernus
- Felicia Marie Knaul, PhD: Honorarium: Cannon Medical Systems

The following have no relevant financial relationships to disclose:

Alua Arthur, JD	Emma Heming Willis	John Onwuchekwa
Ira Bedzow, PhD	Murray Hidary	Silvia Perez-Proto, MD,
Nikki Boyer	Heather Hogan	MS
Yvette Nicole Brown	Barbara Karnes, RN;	Melissa Reader
Betty Clark, Mdiv	Tembi Locke	Tamatha Thomas-Haase,
J.J. Duncan	Joél Simone Maldonado	MPA
Michael Erard, PhD	Kathryn Mannix, MD	Teun Toebes
Adjoa Boateng Evans,		Shoshana Ungerleider, MD
MD		Bob Uslander, MD
Anita Hannig, PhD	Fernando Murillo	Anao Zhang, PhD, MSW
	Carter Oakley	Jessica Zitter, MD, MPH

Planners

The following have no relevant financial relationships to disclose:

Molly Rosenfeld

Shoshana Ungerleider, MD

Tracy Wheeler

The faculty for this live activity has disclosed that there will be no discussion about the use of products for non-FDA approved applications.

All of the relevant financial relationships disclosed during the activity have been mitigated.

The ideas and opinions presented in this educational activity are those of the faculty and do not necessarily reflect the views of the Annenberg Center and/or its agents. As in all educational activities, we encourage practitioners to use their own judgment in treating and addressing the needs of each individual patient, taking into account that patient's unique clinical situation. The Annenberg Center disclaims all liability and cannot be held responsible for any problems that may arise from participating in this activity or following treatment recommendations presented.